

Personal Information

Name		Age	y/o	Gender	<input type="checkbox"/> M <input type="checkbox"/> F
Profession		Complain			
Medical Hx		Truma			
Medications					

Functional test

Function	Pre-Interventional Measurement	Post-Interventional Measurement

The main idea here to convert "Pain" from Subjective to Objective

Myofascial Assessment

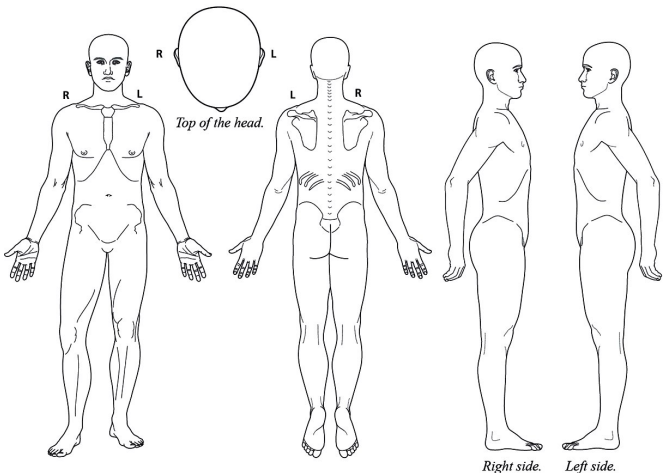
Structure	Action	Rt	Lt	Outcome	Priority
Neck	Flexion	Rt	Lt		Priority
	Extension	Rt	Lt		Priority
	Side bending	Rt	Lt		Priority
	Rotation	Rt	Lt		Priority
Shoulder	Flexion é <input type="checkbox"/> IR <input type="checkbox"/> ER	Rt	Lt		Priority
	Extension é <input type="checkbox"/> IR <input type="checkbox"/> ER	Rt	Lt		Priority
	Abduction <input type="checkbox"/> Vertical <input type="checkbox"/> Horizontal é <input type="checkbox"/> IR <input type="checkbox"/> ER	Rt	Lt		Priority
	Adduction <input type="checkbox"/> Vertical <input type="checkbox"/> Horizontal é <input type="checkbox"/> IR <input type="checkbox"/> ER	Rt	Lt		Priority
	Internal Rotation	Rt	Lt		Priority
	External Rotation	Rt	Lt		Priority
Elbow	Flexion é <input type="checkbox"/> Supination <input type="checkbox"/> Mid-position	Rt	Lt		Priority
	Extension	Rt	Lt		Priority
Radio-Ulnar	Supination é <input type="checkbox"/> Elbow Ext. <input type="checkbox"/> Elbow Flex.	Rt	Lt		Priority
	Pronation é <input type="checkbox"/> Elbow Ext. <input type="checkbox"/> Elbow Flex.	Rt	Lt		Priority
Wrist	Flexion	Rt	Lt		Priority
	Extension	Rt	Lt		Priority
	Radial deviation	Rt	Lt		Priority
	Ulnar deviation	Rt	Lt		Priority
Digits	Flexion	Rt	Lt		Priority
	Extension	Rt	Lt		Priority
	Abduction	Rt	Lt		Priority
	Adduction	Rt	Lt		Priority

Myofascial Assessment

Structure	Action	Rt	Lt	Outcome	Priority
Hip	Flexion é <input type="checkbox"/> Knee Ext. <input type="checkbox"/> Knee Flex.	Rt	Lt		Priority
	Extension é <input type="checkbox"/> Knee Ext. <input type="checkbox"/> Knee Flex.	Rt	Lt		Priority
	Adduction é <input type="checkbox"/> Knee Ext. <input type="checkbox"/> Knee Flex.	Rt	Lt		Priority
	Abduction from <input type="checkbox"/> Supine <input type="checkbox"/> Side-lying	Rt	Lt		Priority
	Internal Rotation é <input type="checkbox"/> Knee Ext. <input type="checkbox"/> Knee Flex.	Rt	Lt		Priority
	External Rotation é <input type="checkbox"/> Knee Ext. <input type="checkbox"/> Knee Flex.	Rt	Lt		Priority
Knee	Flexion é <input type="checkbox"/> Hip Ext. <input type="checkbox"/> Hip Flex.	Rt	Lt		Priority
	Extension é <input type="checkbox"/> Hip Ext. <input type="checkbox"/> Hip Flex.	Rt	Lt		Priority
Ankle	Planter flexion	Rt	Lt		Priority
	Dorsi flexion é <input type="checkbox"/> Knee Ext. <input type="checkbox"/> Knee Flex.	Rt	Lt		Priority
	Inversion	Rt	Lt		Priority
	Eversion	Rt	Lt		Priority
Trunk	Flexion from <input type="checkbox"/> Supine <input type="checkbox"/> Stand	Rt	Lt		Priority
	Extension from <input type="checkbox"/> Prone <input type="checkbox"/> Stand	Rt	Lt		Priority
	Side bending <input type="checkbox"/> Side-lying <input type="checkbox"/> Stand	Rt	Lt		Priority

*Select the Asymmetry based on “Action”, Find-out the affected Structure in the “Outcome” and write down the “Priority” based on the most significant

Body chart and Guidelines

Site of Complain/Dysfunction	Hypothesises:
	<p>Remember!</p> <ul style="list-style-type: none"> • Soma able to produce visceral pain like non-coronary chest pain which is a clear example of Somato-visceral reflex! And vice versa! • Every complain -even the one looking as simple- may has a complicated network of dysfunction! Like: Somato(1)-Somatic(2) , Somato(2)-Visceral(1) , Viscero(1)-Visceral(2) , Viscero(2)-Somatic(3) , Somato(3)-Emotional(1) , Psycho(1)-Somatic(4) ...etc • As much as we want to help patients to stop their complain we have to accept our limitation! So, don't stop and keep asking for a second opinion! • Always think out of the box! -don't predict!- <p style="text-align: center;">Keep going and never give-up! Ali Almarzouq</p>
○ site of Complain	
✗ site of Dysfunction	